

Liturgy of the Hours
LITURGY OF THE HOURS

NIGHT PRAYER

March 12, 2021

{ Friday of the Third Week of Lent }



Make sign of cross

God, come to my assistance.

— Lord, make haste to help me.

Glory to the Father, and to the Son,
and to the Holy Spirit:
as it was in the beginning, is now,
and will be for ever. Amen.

PENITENTIAL RITE

Brief moment of silence

I confess to almighty God
and to you, my brothers and sisters,
that I have greatly sinned,
in my thoughts and in my words,
in what I have done and in what I have failed to do,

All strike their breast

through my fault, through my fault,
through my most grievous fault;
therefore I ask blessed Mary ever-Virgin,
all the Angels and Saints,
and you, my brothers and sisters,
to pray for me to the Lord our God.

Presiding minister

May almighty God have mercy on us, forgive us our sins, and bring us to everlasting life.

— Amen.

HYMN

Let all mortal flesh keep silence,
And with fear and trembling stand;
Ponder nothing earthly-minded,
For with blessing in his hand
Christ our Lord to earth descends now,
Our full homage to demand.

Rank on rank the host of heaven
Spreads its vanguard on the way,
As the Light of Light descends now
From the realms of endless day,
That the powers of hell may vanish
As the darkness clears away.

Melody: Picardy 87.87.87; Music: Melody from Chansons Populaires des Provinces de France, 1860; Text: Liturgy of Saint James, paraphrased by Gerard Moultrie, 1864, alt.

PSALMODY

Antiphon

Day and night I cry to you, my God.

Psalm 88

Prayer of a sick person

This is your hour when darkness reigns (Luke 22:53).

Lord my Gód, I call for hélp by dáy; *
I crý at níght befóre you.
Let my práyer cóme into your présence. *
O túrn your éar to my crý.

For my sóul is filled with évils; *
my lífe is on the brínk of the gráve.
I am réckoned as óne in the tómb; *
I have réached the énd of my stréngth,
like óne alóne among the déad; *
like the sláin lýing in their gráves;
like thóse you reméber no móre, *
cut óff, as they áre, from your hánd.

You have láid me in the dépths of the tómb, *
in pláces that are dárk, in the dépths.
Your ánger weighs dówn upón me: *
I am drówned benéath your wáves.

You have táken awáy my fríends *
and máde me háteful in their síght.

Imprisoned, I cannot escape; *
my eyes are sunken with grief.

I call to you, Lord, all the day long; *
to you I stretch out my hands.
Will you work your wonders for the dead? *
Will the shades stand and praise you?

Will your love be told in the grave *
or your faithfulness among the dead?
Will your wonders be known in the dark *
or your justice in the land of oblivion?

As for me, Lord, I call to you for help: *
in the morning my prayer comes before you.
Lord, why do you reject me? *
Why do you hide your face?

Wretched, close to death from my youth, *
I have borne your trials; I am numb.
Your fury has swept down upon me; *
your terrors have utterly destroyed me.

They surround me all the day like a flood, *
they assail me all together.
Friend and neighbor you have taken away: *
my one companion is darkness.

Glory to the Father, and to the Son, *
and to the Holy Spirit:
as it was in the beginning, is now, *
and will be for ever. Amen.

Antiphon

Day and night I cry to you, my God.

READING

Jeremiah 14:9a

You are in our midst, O Lord,
your name we bear:
do not forsake us, O Lord, our God!

RESPONSORY

Into your hands, Lord, I commend my spirit.

— Into your hands, Lord, I commend my spirit.

You have redeemed us, Lord God of truth.

— I commend my spirit.

Glory to the Father, and to the Son, and to the Holy Spirit,

— Into your hands, Lord, I commend my spirit.

GOSPEL CANTICLE

Antiphon

Protect us, Lord, as we stay awake; watch over us as we sleep, that awake, we may keep watch with Christ, and asleep, rest in his peace.

Luke 2:29-32

Christ is the light of the nations and the glory of Israel

Make sign of cross

Lord, now you let your servant go in peace; *
your word has been fulfilled:

my own eyes have seen the salvation *
which you have prepared in the sight of every people:

a light to reveal you to the nations *
and the glory of your people Israel.

Glory to the Father, and to the Son, *
and to the Holy Spirit:
as it was in the beginning, is now, *
and will be for ever. Amen.

Antiphon

Protect us, Lord, as we stay awake; watch over us as we sleep, that awake, we may keep watch with Christ, and asleep, rest in his peace.

CONCLUDING PRAYER

Let us pray.

All-powerful God
keep us united with your Son
in his death and burial
so that we may rise to new life with him,
who lives and reigns for ever and ever.

— Amen.

Blessing

May the all-powerful Lord grant us a restful night and a peaceful death.

— Amen.

ANTIPHON OF THE BLESSED VIRGIN MARY

Hail, Queen of Heaven, beyond compare,
To whom the angels homage pay;
Hail, Root of Jesse, Gate of Light,
That opened for the world's new Day.

Rejoice, O Virgin unsurpassed,
In whom our ransom was begun,
For all your loving children pray
To Christ, our Saviour, and your Son.

Stanbrook Abbey

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